

Connected Care - Community Health Centre at Market Mall

Fact Sheet

As part of the provincial Connected Care Strategy, the Saskatchewan Health Authority has opened the Community Health Centre at Market Mall in Saskatoon. The health system's strategic plan for 2018-19 calls for improvement of team-based care in communities and reduced reliance on hospital care.

Purpose

The focus of this Centre is to provide specialty care to older adults (50+) with non-life threatening complex care needs. This specialty care is designed to be a form of support that bridges the transition from the hospital to home and to support patients dealing with one or a combination of the following issues: multiple chronic conditions; mental health issues; medication-related problems; and social vulnerability.

The aims of the Community Health Centre at Market Mall are to help older adults: avoid going to hospital unless needed; return home more quickly after a hospital stay; remain at home when they start to find things more difficult; and recover after a fall, an acute illness or an operation.

The Community Health Centre is not a family physician clinic or walk-in clinic. Instead, the Community Health Centre's services include a mix of planned appointments and community outreach (such as Home Care services) provided by an interdisciplinary care team. The goal is to provide the right care in the right place, whether that is closer to home or even in the patient's home when necessary.

Accessing Services

A portion of daily appointments are reserved for anyone requiring rapid access to services based on their needs.

Older adults (50 years of age and older) with complex care needs can contact the Community Health Centre for a full list of services and more information.

Services

- In-depth medical assessments
- Chronic disease management and treatment
- Physiotherapy and occupational therapy
- Support from Community Mental Health Nurses (onsite) and social worker home visits
- Help navigating the health and social services systems
- Referrals to specialized services
- Home Care (mobile)
- Community Paramedicine (mobile)

Clinics

Offered on a rotating basis:

- Dental screening and referral
- Home Care (mobile)
- Stroke care follow up (upon referral)

Additional clinics are planned.

Community Health Centre at Market Mall

Unit #55, Market Mall

2325 Preston Avenue South

Saskatoon, SK S7J 2G2

Located in mall, near parkade stairwell and elevator

Phone: **306-844-4050**

Hours: **9:00 a.m. to 7:00 p.m.**

Daily, including statutory holidays

CHCMarketMall@saskhealthauthority.ca