

Dr. Fern Stockdale Winder

Bio:

Dr. Fern Stockdale Winder is a clinical psychologist who has been practising psychology for over 15 years in Saskatchewan with a specialization in health psychology and geriatrics. She has worked in a variety of different settings, including 7 years as the Professional Leader of Psychology/Director of Clinical Health Psychology in the Saskatoon Health Region. For the past 3 years she has returned to her passion as a front-line clinician in Physical Medicine and Rehabilitation, Saskatoon City Hospital. She has a cross-appointment as a Professional Affiliate in the Psychology Department at the University of Saskatchewan, and has taught courses, and is active in supervising the training of several students from that department.

Dr. Stockdale Winder was honoured to be part of the inaugural Board of Directors of the Mental Health Commission of Canada. In the first 3 years of her term she served as the Chair of the Audit and Finance Committee. In the last 3 years she has served as the Vice-Chair of the Board of Directors and the Chair of the Human Resources Committee. She has been thrilled to be part of a passionate group of people that are committed to promoting mental health across Canada.

Dr. Stockdale Winder has also been active in her professional associations, and was a member of the Transitional Council of the Saskatchewan College of Psychologists, the Nominating Committee, and the Website Committee. For the past 2 years she has written an invited column in the national psychology newsletter, *Psynopsis*, on the work of the Mental Health Commission of Canada.