

Phyllis Cameron
2012 Recipient
Saskatchewan Volunteer Medal

Phyllis Cameron is affectionately known to the residents of Arcola and area as “The Cinnamon Bun Lady.” Her creations are eagerly anticipated by townspeople, and she spends many hours making and donating cinnamon buns and other food items to the Moose Mountain Lodge Care Home, the Arcola School K-12, the St. Andrews Church and Coteau Place Care Home as well as to many local fundraisers and functions. For her, baking, especially of cinnamon buns, is an art – an art that she is teaching to young and old in the community. She has served Arcola and area in the following ways:

- Treasurer, United Church Women, St. Andrew’s United Church
- Treasurer, the Seniors Coteau Place drop-in centre
- Treasurer, Arcola Museum
- Volunteer and greeter at St. Andrew’s United Church, and assistant to the Minister
- Volunteer driver, taking residents to doctors’ appointments and grocery shopping, as well as to hospital appointments in town and in neighbouring communities
- Volunteer at Prairie Place Hall, as well as at the museum, library and rink
- Volunteer sewer, mender and maker of afghans and quilts at the seniors drop-in centre
- Volunteer booker of events and meetings at the Legion/Optimist Hall
- Deliverer of meals to shut-ins
- Cook of a large monthly dinner for residents of the Golden West Senior Apartments
- Cook for 10 years at Camp Wabimasquah (church camp) at White Bear Lake Resort

Telephone: (306) 455-2379 Arcola

Master Corporal (Ret'd) Leslie Good, C.D.
2012 Recipient
Saskatchewan Volunteer Medal

Following a career with the Canadian Armed Forces that took him to points across Canada, Europe and the Middle East, Master Corporal Leslie Good embarked on a new adventure closer to home, that of dedicated volunteer. For the past 20 years he has worked to make life better for disabled veterans and adults in the communities of Moose Jaw, Qu'Appelle and Regina. He has spent countless hours, in tasks large and small, helping to make the lives of disadvantaged adults more enjoyable and to ensure they have a better quality of life. His service to our province and the communities he has called home includes the following roles:

- President, Saskatchewan Children's Special Olympics, Moose Jaw
- Founding member, Saskatchewan Brain Injury Association, Moose Jaw Chapter
- Treasurer and member, Saskatchewan Brain Injury Association, Regina Chapter, assisting with activities and organizing the first walk in support of brain injury
- National board member, Brain Tumour Foundation of Canada
- Member, Saskatchewan Brain Tumour Foundation, Regina Chapter
- Grand Knight and District Deputy, Knights of Columbus; 4th Degree Member, Knights of Columbus, Indian Head Council and Moose Jaw Council; Commander of the Honour Guard, Knights of Columbus; driving force behind the creation in 2001 of a new Knights of Columbus Council in Indian Head
- Dedicated volunteer at Pioneer Lodge in Moose Jaw, spearheading the monthly bingo to entertain the seniors at the Lodge
- Volunteer, Wascana Rehabilitation Centre, Regina – worked with the Wheelchair Foundation Canada to enable the Knights of Columbus to donate a wheelchair to a Regina clinic
- Participant in the "Adopt a Highway" program
- Lay Minister and member, Immaculate Conception Roman Catholic Church, Qu'Appelle
- Volunteer and member, Church of Our Lady, Moose Jaw
- Volunteer, Our Lady of Perpetual Help Chapel, 15 Wing, Moose Jaw
- Member, Qu'Appelle Lions Club
- Delivered Meals on Wheels
- Volunteer, assisting shut-ins, taking them to appointments and other activities
- Volunteer fundraiser
- Recipient: Special Service Medal with NATO Bar, Canadian Peacekeeping Service Medal, United Nations Disengagement Observation Force Medal and the Canadian Forces Decoration

Telephone: (306) 693-0470 Moose Jaw

Colonel (Ret'd) Charles Keple, C.D.
2012 Recipient
Saskatchewan Volunteer Medal

An active Rotarian, Colonel Charles Keple models the organization's motto, "service above self," in his work as a dedicated volunteer. Following a 38-year career with the Canadian Armed Forces, he has continued to serve his province and country with creative leadership and innovation in the fields of national security and defence; seniors well-being and active living, lifelong learning and community service. Always ready to get involved, he counts among his many accomplishments the following:

- Former President, Military Engineers Association of Canada, and in that role creating a renewed Canadian Military Engineers Association and serving as its inaugural President
- Current Divisional Vice-President of National Security, Canadian Military Engineers Association
- National Vice-Chairman, the Conference of Defence Associations, and through this role has developed a comprehensive protocol for policy formulation, introduced an accelerated electronic staffing system, and updated advocacy and outreach procedures
- Past President and current Acting Secretary of the Rotary Club of Regina, and former Chairman and Manpower Chair of the Rotary Christmas Carol Festival – under his leadership the Rotary Club of Regina received a Rotary International Presidential Citation and gold level award for health, hunger and humanity
- Current Assistant District Governor of the Rotary District 5550 serving Saskatchewan, Manitoba and North Western Ontario
- Past President, Regina and Area Branch of the Federal Superannuates National Association
- Vice-President and volunteer, Saskatchewan Seniors Mechanism and Chair, Elder Abuse Prevention and Response Network Steering Committee, where he compiled the Elder Abuse Resource Directory and the Layperson's Response Protocol
- President, Saskatchewan Branch, Last Post Fund
- Former Guardian (director) of the Active Living Coalition of Older Adults (ALCOA) and a member of the Editorial Board of its *Silver Time* publication
- Past Director of the Regina Royal United Services Institute and a Trustee of the Royal Regina Rifles Trust Fund
- Director, University of Regina Seniors University Group and Chair of its Publicity Committee and Speaker's Bureau for Elder Abuse
- Volunteer Fitness Leader, YMCA of Regina
- Certified Fitness Instructor, (Older Adults), Saskatchewan Parks and Recreation Association
- Member, host organizing committee for the SaskFit 2011 and 2013 re-certification of instructors.
- Designer and leader for the Regina Qu'Appelle Health District of five TV fitness sessions "Ready, Set, Go"
- Contributor to National Seniors Council
- Volunteer Presenter with Alzheimer Society
- Recipient of the Special Service Medal with NATO Bar, the Commemorative Medal for the 125th Anniversary of Canada, the Queen's Golden Jubilee and Queen's Diamond Jubilee Medals and the Canadian Forces Decoration.

Telephone: (306) 352-3215 Regina

Namarta Kochar
2012 Recipient
Saskatchewan Volunteer Medal

Marketing and business professional Namarta Kochar believes in giving back to Saskatoon and from a very young age has given her time to enhance the quality of life in the city. She has demonstrated her commitment to service through volunteerism, mentorship and leadership and spends countless hours on fundraising. Her list of accomplishments in furthering the well-being of others includes:

- Member and Public Representative, Drug Advisory Committee of Saskatchewan
- Member, City of Saskatoon Environmental Advisory Committee
- Volunteer, Arthritis Society, Alzheimer's Society, and Folkfest
- Volunteer, Hindu Temple, Children's Choir Director, and East Indian community radio program "Sangeetmala"
- Volunteer, Raise a Reader program, Saskatoon StarPhoenix
- Volunteer, Ovarian Cancer Canada; Annual Influenza Immunization Campaign, Public Health
- Volunteer, Bridge City Boogie; Leukemia and Lymphoma Society of Canada; Salvation Army; Saskatoon Canada Day festivities; Children's Wish Foundation, Saskatoon Chapter
- Volunteer, Junior Achievement – Economics for Success
- Volunteer, Silverwood Heights Community Association
- Adjudicator for the Progress2Capital Design Weekend Business Planning Competition
- Mentor for the Saskatchewan Association of Human Resource Professionals Mentorship Program
- Various leadership roles at the University of Saskatchewan during her student years, including: Member of the Sheaf Publishing Society Board of Directors, President of the Sociology Students' Association, President, Arts & Science Students' Union, Vice President of Partnering Alumni With Students, Member of the Board of College Presidents and Member, Student Leadership Advisory Committee
- Supporter of the Community Leadership Award, City of Saskatoon
- Supporter of the Core Neighbourhood Youth Co-op and NASHI
- Recipient, 2012 Champion of Children designation from the Saskatoon Preschool Foundation; 2012 "Living in Harmony" Award, City of Saskatoon

Telephone: (306) 261-1742 Saskatoon

Dr. Jim Leskun
2012 Recipient
Saskatchewan Volunteer Medal

Retired chiropractor, Dr. Jim Leskun has a passion for volunteering and has given of his time and energies for more than 20 years to many non-profit organizations in Regina and surrounding area. He has a special dedication to international languages education for youth, and works hard to promote better cultural understanding and social cohesion among the groups that make up the Saskatchewan “mosaic.” His many contributions include the following:

- President, Saskatchewan Multicultural Centre Association
- President, Multilingual Association of Regina, and co-chair of the Regina Multilingual School committee of that association
- Former member, University of Regina Senate
- Past Board Member, India Canada Association of Saskatchewan
- Past Board Member and Assistant Coach, Queen City Minor Box Lacrosse League
- Past Board Member, Hockey Regina
- Secretary/Treasurer, Board Member and Club Apparel Coordinator, Saskatchewan Ford Mercury Car Club
- Committee member, Saskatchewan Organization of Heritage Languages
- Member, Chiropractors’ Association of Saskatchewan, serving on numerous committees, including the Chiropractic Compensation Review Committee
- Volunteer for University of Regina Cougars Women’s Hockey Team, organizing events and fundraising
- Volunteer, Juvenile Diabetes Research Foundation
- Volunteer, Canadian Cancer Society’s ‘Jail-N-Bail’
- Volunteer, Regina’s Mosaic multicultural festival
- Coach, various minor league sports teams
- Honorary Life Member, Multilingual Association of Regina
- Recipient of the Saskatchewan Organization for Heritage Languages 2012 Volunteer Award

Telephone: (306) 545-1979 Regina

André Moquin
2012 Recipient
Saskatchewan Volunteer Medal

Retired educator and Director of Education, André Moquin of Gravelbourg has been a force in Saskatchewan's francophone community, bringing a remarkable contribution to the Fransaskois community, and through this, the fabric of Saskatchewan society. His volunteer efforts on behalf of his church and Gravelbourg are equally impressive. His current and past accomplishments, both provincially and nationally, include the following:

- Chairperson, College Mathieu Alumni; member of the Board of Directors, member of the Fundraising Committee and the Collège Mathieu Foundation
- Chairperson and long time member of the ACFG, Gravelbourg Francophone Community Association
- Chairperson, Gravelbourg Centennial Committee
- Chairperson, Parish Pastoral Council, Co-Cathédrale Notre-Dame-de-l'Assomption; coordinator of French language Lay Services (ADACE), Coordinator of French liturgical music and parish choir director
- First chairperson and founding member, French Canadian Dance troupe, Les Danseurs de la Rivière La Veille
- First chairperson, Conseil pastoral francophone inter-diocésan de la Saskatchewan (Francophone inter-diocesan Pastoral council). He was instrumental in the establishment of this provincial organization under the auspices of the three Catholic Bishops of Saskatchewan
- Vice-President and elected representative of Gravelbourg and District to the Assemblée communautaire fransaskoise (ACF)
- Chair of the Francophone Post Secondary Education committee, Comité fransaskois de l'éducation postsecondaire (CFEP), which negotiated the establishment of the Institut Français at the University of Regina (2003)
- Serving member of the University of Regina presidential Task Force on the future of the Institut français
- Co-chair, Joint Learning/Fransaskois Community Liaison committee
- Co-chair, Government of Saskatchewan/Francophone Community: Task Force on French Language Services
- Member, provincial Board of Directors, Catholic Health Ministry of Saskatchewan
- Member and Music Director of the "Octopus" singers – after 45 years the group launched a CD and performed for the Gravelbourg Centennial
- Interim CEO of Saint Joseph's hospital/Foyer d'Youville in Gravelbourg
- Member, Town of Gravelbourg, Board of Revision
- Recipient of the Vatican Order, Knight of St. Gregory the Great for services to the Roman Catholic Archdiocese of Regina
- Honorary Lifetime Member, La Société des Bons vivants (Gravelbourg Francophone Cultural Society)

Telephone: (306) 648-2619 Gravelbourg

Dennis Sanderson
2012 Recipient
Saskatchewan Volunteer Medal

Community Health worker Dennis Sanderson is a role model to the youth of La Ronge and the type of volunteer that every town should have. He shares his wisdom, dedication and commitment with the town's young people, working to help them make better choices and encouraging them every step along the way. His volunteer roles and interests include the following:

- Member, Senator Myles Venne First Nations School Board
- Member, Lac La Ronge Indian Band Housing Committee
- Organizer of a men's healing group
- Volunteer on youth wilderness experiences, teaching survival skills, hunting and fishing, and traditional First Nations lifestyles
- Coach and mentor for baseball and hockey
- Fundraiser for local youth sport teams, covering costs of meals, gas and accommodation
- Organizer of local recreation activities such as volleyball, floor hockey and basketball
- Volunteer driver of team members who do not have the means to travel
- A citizen available to anyone in crisis, no matter what the hour

Telephone: (306) 425-3545 La Ronge

Joan Wilson
2012 Recipient
Saskatchewan Volunteer Medal

Over the past 30 years, former Town Councillor Joan Wilson has time and again demonstrated her love of community in the countless hours she has devoted to volunteer projects in Saltcoats, Yorkton and area. Her interests have ranged from sports and arts and culture to nature programs, and have involved her in activities as diverse as helping create murals, one of which was unveiled during a visit of The Princess Royal, to designing miniature salamanders for participants in the first Saltcoats Salamander Walk/Run. Her impressive list of volunteer contributions over the years includes the following:

- Provincial Executive Member, Organization of Saskatchewan Arts Councils
- Chair, Irish Dance Association, Saltcoats
- Chair and Board Member, Yorkton and District Home Care
- Board Member, Saltcoats Lakeside Manor Care Home
- Board Member, Saltcoats Regional Library
- Member, Community College Committee
- Member, Yorkton Arts Council and volunteer with related children's activities at the Godfrey Dean Art Gallery; facilitator of Club Mud pottery group
- Played a key role in the Saltcoats local drama group, Laketown Players, often taking lead roles in annual dinner theatre productions, working on props, painting scenery, scouting for costumes and coaching individual players, especially newcomers to the stage and community drama
- Member of Nature Saskatchewan, the Native Plant Society and Yellowhead Flyway Birding Trail Association -- instrumental in the honouring of two local naturalists, in the protection of habitat where species of wildflowers and native grasses still survive and in the restoration and establishment of new plantings amenable to relocation and re-establishment
- Volunteer, Yorkton Film Festival
- Set painter for many of the musical productions staged by Yorkton Community Theatre
- Volunteer on various celebrations of Saltcoats special occasions and milestones
- Executive member, Saltcoats Ladies Curling Club, organizing bonspiels and fundraising
- Rink Board Member and facilitator for the curling club's Junior Curling Program
- Advocate for Saltcoats School, dedicating countless hours to the school's junior curling physical education program and its arts and literacy projects
- Volunteer, Saltcoats Minor Sports and Girls' baseball coach
- Qualified Junior Curling instructor

Telephone: (306) 744-8140 Saltcoats