

Background Information

Irene and Leslie Dubé Centre for Mental Health

New \$23.2 million building, with 54 adult beds and 10 beds for children and youth



Located on bank of South Saskatchewan River, near Royal University Hospital
Grand opening ceremony May 7, 2010

Five areas:

- two adult units
- child and adolescent unit
- main therapy area
- electroconvulsive therapy suite

Key features:

- The majority of client rooms are private, with some adult rooms sharing two beds.
- Central station allows constant staff supervision of high-use areas.
- Hot meal service with choice of foods.
- Client resource area and computer available for clients and their families.
- Activity rooms during free time; separate courtyards for children, youth and adults.
- Reflection room for spiritual ceremonies and contemplation.
- Treatment provided in a sensory processing room; larger multi-purpose rooms used for crafts and physical activities.
- \$3.8 million increase in provincial operating funds.

Multidisciplinary team approach allows for enhanced mental health services:

- therapeutic recreation coordinator for evening and week-end programming;
- youth care workers work specifically with children and adolescents;
- occupational therapy to help clients become more aware of their emotional states; and
- a social worker to provide education support to families.

Children and youth in separate area, with two care-by-parent rooms for children and their parents, separated from the adolescent area, with eight private adolescent rooms.

Specific programming for children and adolescents will be developed using a multidisciplinary team approach: therapeutic recreation will offer groups focusing on physical fitness and social skills; social work will also develop group sessions; occupational therapy will assist clients in becoming more aware of their emotional states. This allows for greater partnership with pediatric services within Saskatoon Health Region.

Future plans: the Health Region plans to work more closely with community mental health groups, such as Schizophrenia Society, Canadian Mental Health Association, and hopes to eventually add a dietitian, and spiritual care, addictions and Aboriginal support workers.

Outpatient services continue to be provided at several urban and rural sites throughout Saskatoon Health Region. Non-acute services include residential supports, and outpatient mental health and addiction services such as the Alternatives to Violence, Sex Offender Recovery and Methadone Assisted Recovery programs. Rural mental health services are provided in Humboldt, Lanigan and Rosthern.

Building construction

Construction start:	early 2008	<u>Planning and Construction</u>	<u>\$23.2 million</u>
Construction end:	January 2010	Provincial government:	\$14.9 million
Clients moved in:	February 2010	Future in Mind Campaign:	\$8.3 million
Grand opening:	May 7, 2010		
Contractor:	Quorex Construction		

The Future in Mind Campaign

Led by Royal University Hospital Foundation and Saskatoon City Hospital Foundation.

- \$10.8 million raised from individual, group and corporate donors
- 2007-2010
- Goal of \$7.5 million
- \$3 million commitment from Irene and Leslie Dubé
- Donor wall near front entrance acknowledges those people who helped build the facility.



Also funded by the campaign

- Community Mental Health Endowment: \$2.1 million
 - \$500,000 gift from Lawrence and Patricia Rychjohn helped establish the endowment.
 - Through a granting process, endowment earnings will be invested into areas such as staff recruitment and retention initiatives, education for caregivers, public education, pre- and post-hospitalization supports, and research into new treatments and therapies. The RUH Foundation will continue working to raise funds to build up the endowment through ongoing fundraising initiatives.

Saskatchewan Ministry of Health – www.health.gov.sk.ca

Saskatoon Health Region – www.saskatoonhealthregion.ca

Royal University Hospital Foundation – www.ruhf.org

Saskatoon City Hospital Foundation - www.saskatooncityhospitalfoundation.com

Online tour of the Centre: www.youtube.com/watch?v=Perjn53ksDc