

What should I/my child do after receiving the vaccine?

- It is important to stay in the clinic for 15 minutes after getting any vaccine because there is an extremely rare possibility of a life-threatening allergic reaction called anaphylaxis. This may include hives, difficulty breathing, or swelling of the throat, tongue or lips. This reaction can be treated, and occurs in less than one in one million people who get the vaccine.
If this happens after you leave the clinic, get medical attention or call 911 right away.

What should be expected in the next few days?

- Side effects can develop within three days after receiving the vaccine. Although these side effects are not serious to your/your child's health, they may make you/your child feel unwell for 1 to 2 days.
- The most common side effect is pain where the needle was given; swelling where the needle was given may also occur. A cool, damp cloth or wrapped ice pack where the vaccine was given may help.
- Other symptoms may include tiredness, headache, muscle pain, joint pain, nausea, vomiting, chills, fever and tingling in the body or face.
- Myocarditis (inflammation of the heart) and/or pericarditis (inflammation of the outer lining of the heart) has been reported following immunization with this vaccine.
- Go to Emergency or call 911 right away if you/your child have chest pain, shortness of breath, irregular heartbeat, or a very fast or pounding heartbeat any time after vaccination.
- If you have any concerns about these or other symptoms you/your child develops after receiving a vaccine, call HealthLine 811. If you/your child received a vaccine from a pharmacist, please consult them first when possible.

Who needs additional vaccine doses?

- Individuals who have never received a COVID-19 vaccine are recommended to receive two doses given eight weeks (minimum 21 days) apart.
- Immune compromised individuals may require additional doses.

Things to remember

If you need more information on this vaccine, ask your healthcare provider or visit saskatchewan.ca/covid19-vaccine.

- **Keep this sheet or other immunization record in a safe place.** You can also download the [CANImmunize](#) app to keep track of this and other vaccines. Sign up for [MySaskHealthRecord](#), a secure website that enables Saskatchewan citizens to quickly and easily access their personal health information including immunization history.

Use **Acetaminophen** (all ages; Tylenol®, Tempra®) or **Ibuprofen** (6 months & older; Advil®, Motrin®) to treat fevers and pain. **Never give ASA** (Aspirin®) to children younger than 18 years old because of the serious risk of Reye's syndrome.

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