



September 1, 2020

Child and Family Information on COVID-19 and Return to School, Childcare or Work

With the current COVID-19 pandemic, it is very difficult to know how to keep children safe. Everyone is struggling to decide whether children should return to school or childcare and whether parents can return to work. The important thing is that children get all the benefits of school or childcare while balancing the risks of getting sick with COVID-19.

Based on all we know currently, most children are expected to have no or mild symptoms with COVID-19 infection. Therefore, most children should be able to return to school or childcare and their parents to work, but families will need to follow all the recommended COVID-19 precautions, see information links below.

A small number of children with more severe diseases may get sicker with many different types of infections including COVID-19. Also all families are different, so there may be other people living in your home who are at higher of getting sick with COVID-19. If you think this applies to you or your family or you have any other questions, please contact your doctors for more information.

Thank you for all your patience and support for our teams while we try to care for you and your children during the COVID-19 pandemic. Take care and stay healthy!

From the Department of Pediatrics, College of Medicine, University of Saskatchewan

Information Links for Recommended COVID-19 Precautions for Return to School, Childcare or Work

1. Government of Saskatchewan Safe Schools Plan <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/safe-schools-plan#safe-schools-plan>
2. COVID-19: Guidance for School Reopening from Ontario Children's Hospitals <http://www.sickkids.ca/PDFs/About-SickKids/81407-COVID19-Recommendations-for-School-Reopening-SickKids.pdf>
3. COVID-19 guidance for schools Kindergarten to Grade 12. <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/health-professionals/guidance-schools-childcare-programs.html>