What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19. Keep a minimum distance of 2 metres from others when shopping or walking in the community.

- Avoid non-essential trips in community
- Postpone gatherings
- Keep kids at home away from group settings
- Work from home wherever possible
- Visits to long-term care homes are restricted to immediate family for compassionate reasons
- Conduct meetings virtually

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