



1. An individual in my household is self-isolating and has symptoms compatible with COVID-19, but, I don't have symptoms. Do I need to self-isolate?

Exposure Scenario	Recommendation
Your household member is a confirmed COVID-19 case, and you have been named as close contact by OHS or PPH-CDC	Yes. Self-isolate and self-monitor for symptoms from your last exposure date with the individual confirmed with COVID19
Your household member has not been deemed a confirmed COVID-19 case	No. Remain at work and self-monitor for symptoms

2. I have symptoms of illness. My Manager recently told me that I should stay home until my symptoms resolve, but I feel well. Is it safe for me to come in to work?

Exposure Scenario	Recommendation
Your symptoms are consistent with COVID19	No. Call OHS Hotline 1-833-233-4403 and arrange for testing
You are acutely ill unrelated to COVID 19	No. Stay home. You may return to work 48-hours after your symptoms have significantly resolved.
You are experiencing seasonal allergies or chronic conditions	Yes. Remain at work and self-monitor for symptoms

3. I worked in a facility that has been declared to be in outbreak; can I work my secondary position at another facility?

Exposure Scenario	Recommendation
You have been named a close contact by OHS or PPH-CDC	No. Self-isolate for 14 days from date of last exposure to the individual with confirmed COVID19. Notify your manager of your secondary facility.
You have not been identified as a close contact by OHS or PPH-CDC and you work shifts in two acute care facilities	Yes. Remain at work. Self-monitor for symptoms.
You have not been identified as a close contact by OHS or PPH-CDC and you work in two Long Term Care (LTC) facilities	Yes, remain working at the Outbreak facility. No, do not work at the second LTC facility. Notify your manager of your secondary facility. Self-monitor for symptoms.
You have not been identified as a close contact by OHS or PPH and you work in a Long Term Care (LTC) facility and an acute care facility	Yes, remain working at the Outbreak facility. No, do not work at the secondary facility if cohorting occurs. HCW working actively working at an outbreak site must not continuously work shifts at a different worksite. Notify your manager of your secondary facility. Self-monitor for symptoms.
You have not been identified as a close contact by OHS or PPH and you work in another province	Yes. Remain at work. Self-monitor for symptoms.



4. Yesterday I had lunch/worked with someone who has been named a close contact to a confirmed COVID19 case today; do I have to self-isolate?

Exposure Scenario	Recommendation
You are a contact of a contact not experiencing symptoms	No. Remain at work and self-monitor for symptoms
You are a contact of a contact experiencing symptoms	Yes. Call OHS Hotline 1-833-233-4403 and arrange for testing

5. I provided care to a patient who is now being tested for COVID19. The patient was not on Droplet/Contact Plus at the time of care; therefore, I was not wearing the appropriate PPE. Do I have to self-isolate?

Exposure Scenario	Recommendation
The patients results are pending	No. Remain at work. Self-monitor for symptoms.
You are not contacted by OHS or PPH-CDC indicating you were a close contact to a positive case of COVID19	No. Remain at work. Self-monitor for symptoms.
You were named as a non-close contact by OHS or PPH-CDC as the patients lab came back positive for COVID19	No. Remain at work. Self-monitor for symptoms.
You were named a close contact by OHS or PPH-CDC as the patients lab came back positive for COVID19	Yes. Self-isolate for 14 days from date of last exposure to the individual with confirmed COVID19.

If unclear and further guidance required consult MHO.

The most up-to-date information on clinical guidance will always be first updated at <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/information-for-health-care-providers/clinical-guidelines> .