Infection Control Tips

To minimize the spread of any respiratory virus, including Novel Coronavirus 2019 (COVID-19):

- Make sure everyone in your household washes their hands with soap and water often. If soap and water are not readily available, use alcohol-based hand sanitizer, if hands are not visibly dirty.

- Avoid touching your face with unwashed hands.

- Use a tissue when you cough or sneeze and throw it in a garbage bin lined with a plastic bag. Wash your hands immediately afterward. If you don’t have a tissue, sneeze or cough into your sleeve.

- Stay home if you’re sick.

- Clean and disinfect surfaces that are used often and shared by everyone in your home.

- The Public Health Agency of Canada is recommending residents postpone or cancel all non-essential travel outside of Canada. All travelers returning to Canada need to self-isolate for 14 days.

For updated information about COVID-19 visit: saskatchewan.ca/COVID19